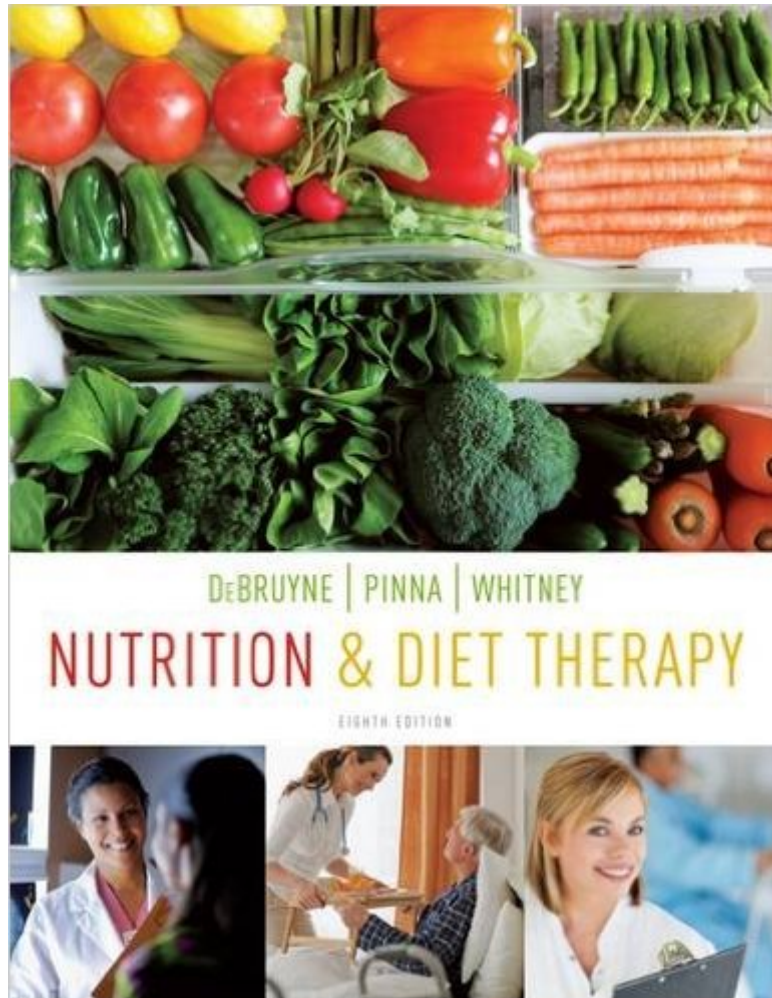


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# Nutrition And Diet Therapy



## Synopsis

NUTRITION AND DIET THERAPY, 8th Edition, is unique in its organization by diets rather than by organ systems or disease states and distinguishes itself through rich pedagogical features that require students to apply their knowledge as they learn it. This text provides core nutrition concepts and up-to-date clinical content at a level that is accessible to the range of health care team members who are responsible for a client's nutrition needs. NUTRITION AND DIET THERAPY provides the basic facts and a wealth of practical information readers need to assume their responsibility for nutrition care.

## Book Information

Paperback: 864 pages

Publisher: Cengage Learning; 8 edition (June 20, 2011)

Language: English

ISBN-10: 0840049447

ISBN-13: 978-0840049445

Product Dimensions: 10.8 x 8.4 x 1.1 inches

Shipping Weight: 3.4 pounds (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars [See all reviews](#) (25 customer reviews)

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[Medicine & Health Sciences > Nursing > Clinical > Nutrition](#) #42 in [Books > Medical Books >](#)

[Nursing > Medical Nutrition](#)

## Customer Reviews

I have been a nurse for a really long time and going back to school to further my education isn't easy. This was a class I needed for my BSN and it has tons of information not just for serving your patient but in our everyday lives. It's a great book to help in everyday living.

The book is great, but I will NEVER rent a USED book from Amazon again! It was SO worn out and marked up with the cover bent, wrinkled, and tore up, and most of the pages were FILLED with ALL SORTS of pink highlighting and writing all over the place! I was VERY disappointed. Before I initially saw the book, I was thinking about paying the difference to keep the book at the end of my rental period, but NOT with THIS book!

I find this text pleasantly readable, with good graphics and supplemental materials, and a nice focus on the practical applications of the principles being taught. For my purposes, an RN in an associate's to BSN program, I find the data to be in depth enough that I'm learning something, but not so deep that I'm diagramming molecules in my sleep. Highly recommended!

The packaging it came in had holes in it and the international edition lacks the RDAs and the DVs that I need to use for class. I'm a little disappointed with packaging too because the book could've gotten all wet.

it is out dated for information in the care of newborn and the real world of nutrition and WIC and Pediatricians.

I learned a great deal of information that I now apply to my personal life. The material was not difficult to understand. I would recommend this book to anyone.

i needed this for class but i love it because it is a useful reference. it's not too dense and the textbook is, aesthetically, nicely done.

needed it for Nutrition class

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